



GLUTEN-FREE BAKERY ITEMS

A **gluten-free diet** is a diet completely free of ingredients derived from gluten-containing cereals: wheat (including kamut and spelt), barley, rye, and triticale, as well as the use of gluten as a food additive in the form of a flavoring, stabilizing or thickening agent.

DAILY BREADS

SUNFLOWER OAT
FLAXSEED
POTATO SCALLION

PIZZA CRUSTS

DAILY MUFFINS

BANANA NUT
CARROT
BLUEBERRY
LEMON POPPYSEED

DAILY COOKIES

CHOCOLATE CHIP
P BUTTER CHOC CHIP

DAILY DESSERTS

CARROT CAKE
CITRUS CHEESECAKE
BROWNIES

